


# Orientation Programme

## 2018/19 Batch

Final timetable revised on 15<sup>th</sup> November, 2019

Week 2


Time	Monday 18 <sup>th</sup> November 2019	Tuesday 19 <sup>th</sup> November 2019	Wednesday 20 <sup>th</sup> November 2019	Thursday 21 <sup>st</sup> November 2019	Friday 22 <sup>nd</sup> November 2019
8.30 – 9.30 am	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	Overview of the Sinhala/ Tamil Programme <b>Dr. TMSH Dharmaratne,</b> Medical Education Unit [Venue : East LT] (8.30 – 8.50 am) Tamil/Sinhala	Tamil/Sinhala
9.30 – 10.30 am	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	Tamil/Sinhala	Tamil/Sinhala
10.30 – 11.00 am	<b>TEA BREAK</b>				
11.00 am – 12.00 noon	English <b>ELTU</b>	English <b>ELTU</b>	Substance abuse in the University <b>Dr. V Wijesiri,</b> Dept. of Psychiatry [Venue: East LT]	English <b>ELTU</b>	English <b>ELTU</b>
12.00 noon – 1.00 pm	English <b>ELTU</b>	Recognizing anxiety & depression <b>Dr. P Ginige</b> Head, Dept. of Psychiatry [Venue: East LT]	Active learning <b>Prof. K Marambe,</b> Director, Medical Education Unit [Venue: East LT]	English <b>ELTU</b>	English <b>ELTU</b>
1.00 – 2.00 pm	<b>LUNCH BREAK</b>				
2.00 – 3.00 pm	<b>Anaemia Screening</b> Hospital Lab, THP (M-001 to M-025)  <b>Magazine/ Book reading</b> (ELTU) (M-026 to M-205 & M/FQ -001 to M/FQ-005)	<b>Medical Examination</b> Medical Clinic, THP (M- 001 to M-035)  <b>Orientation in the Medical Library</b> Medical Library (M-051 to M-100)  <b>ECG Examination</b> Lab 1, Dept. of Physiology (M-121 to M-135)  <b>Scrabble/ Movie screening (ELTU)</b> (M-036 to M-050, M-101 to M-120, M-136 to M-205 & M/FQ-001 to M/FQ-005)	Relaxation & Stress management <b>Dr. D Ariyasinge &amp;</b> Psychiatry staff [Venue: East LT]   <i>Chairperson</i>	<b>Anaemia Screening</b> Hospital Lab, THP (M-026 to M-050)  <b>ECG Examination</b> Lab1, Dept. of Physiology (M-136 to M-150)  <b>Variety Entertainment</b> Practice session (ELTU) (M-001 to M-025, M-051 to M-135, M-151 to M-205 & M/FQ -001 to M/FQ-005)	<b>ECG Examination</b> Lab1, Dept. of Physiology (M-106 to M-120)  <b>Debating</b> (ELTU) (M-001 to M-105, M-121 to M-205 & M/FQ -001 to M/FQ-005)

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## 2018/19 Batch

## Week 3


Time	Monday 25 <sup>th</sup> November 2019	Tuesday 26 <sup>th</sup> November 2019	Wednesday 27 <sup>th</sup> November 2019	Thursday 28 <sup>th</sup> November 2019	Friday 29 <sup>th</sup> November 2019
8.30 – 9.30 am	English <b>ELTU</b>	English <b>ELTU</b>	Positive thinking <b>Dr. SD Chandrasekera</b> Science Education Unit, Faculty of Science [Venue: East LT]	English <b>ELTU</b>	Tamil/Sinhala
9.30 – 10.30 am	English <b>ELTU</b>	English <b>ELTU</b>		English <b>ELTU</b>	Tamil/Sinhala
10.30 – 11.00 am	<b>TEA BREAK</b>				
11.00 am – 12.00 noon	English <b>ELTU</b>	English <b>ELTU</b>	Ragging in the University <b>Prof. C Jayasinghe,</b> Dept. of Medicine [Venue: East LT]	Tamil/Sinhala	English <b>ELTU</b>
12.00 noon – 1.00 pm	English <b>ELTU</b>	English <b>ELTU</b>	Learning and preparation for exams in the Medical school <b>Dr. S Wijetunge,</b> Head, Dept. of Pathology [Venue: East LT]	Tamil/Sinhala	English <b>ELTU</b>
1.00 – 2.00 pm	<b>LUNCH BREAK</b>				
2.00 – 3.00 pm	<b>Anaemia Screening</b> Hospital Lab, THP (M-051 to M-075)  <b>Magazine/ Book reading</b> (ELTU) (M-001 to M-050, M-076 to M-205 & M/FQ-001 to M/FQ-005)	<b>Medical Examination</b> Medical Clinic, THP (M-036 to M-070)  <b>Orientation in the Medical Library</b> Medical Library (M-101 to M-150)  <b>Scrabble/ Movie screening</b> (ELTU) (M-001 to M-035, M-071 to M-100, M-151 to M-205 & M/FQ-001 to M/FQ-005)	<b>Meeting Mentors</b>  	<b>Anaemia Screening</b> Hospital Lab, THP (M-076 to M-100)  <b>ECG Examination</b> Lab1, Dept. of Physiology (M-166 to M-180)  <b>Variety Entertainment</b> Practice session (ELTU) (M-001 to M-075, M-101 to M-165, M-181 to M-205 & M/FQ-001 to M/FQ-005)	<b>ECG Examination</b> Lab1, Dept. of Physiology (M-181 to M-195)  <b>Debating</b> (ELTU) (M-001 to M-180, M-196 to M-205 & M/FQ-001 to M/FQ-005)

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## 2018/19 Batch

## Week 4


Time	Monday 02 <sup>nd</sup> December 2019	Tuesday 03 <sup>rd</sup> December 2019	Wednesday 04 <sup>th</sup> December 2019	Thursday 05 <sup>th</sup> December 2019	Friday 06 <sup>th</sup> December 2019
8.30 – 9.30 am	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	Tamil/Sinhala	Tamil/Sinhala
9.30 – 10.30 am	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	Tamil/Sinhala	Tamil/Sinhala
10.30 – 11.00 am	<b>TEA BREAK</b>				
11.00 am – 12.00 noon	English <b>ELTU</b>	Time Management <b>Dr. J Edirisinghe</b> Faculty of Engineering [Venue: East LT]	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>
12.00 noon – 1.00 pm	English <b>ELTU</b>		<b>Leadership Skills</b> Dr. K Hettiarachchi, Consultant Anaesthetist, SBSCH, Peradeniya [Venue: East LT]	English <b>ELTU</b>	English <b>ELTU</b>
1.00 – 2.00 pm	<b>LUNCH BREAK</b>				
2.00 – 3.00 pm	<p><b>Anaemia Screening</b> Hospital Lab, THP (M-101 to M-125)</p> <p><b>ECG Examination</b> Lab1, Dept. of Physiology (M-196 to M-205 &amp; M/FQ -001 to M/FQ-005)</p> <p><b>Magazine/ Book reading (ELTU)</b> (M-001 to M-100 &amp; M-126 to 195)</p>	<p><b>Medical Examination</b> Medical Clinic, THP (M- 071 to M-105)</p> <p><b>Orientation in the Medical Library</b> Medical Library (M-151 to M-200, (M- 201 to M-205 &amp; M/FQ -001 to M/FQ-005)</p> <p><b>ECG Examination</b> Lab1, Dept. of Physiology (M-031 to M-045)</p> <p><b>Scrabble/ Movie screening (ELTU)</b> (M-001 to M-030, M-046 to M-070 &amp; M-106 to M-150)</p>	<p><b>ECG Examination</b> Lab1, Dept. of Physiology (M-151 to M-165)</p> <p><b>Variety Entertainment</b> Practice session (ELTU) (M-001 to M-150, M-166 to M-205 &amp; M/FQ -001 to M/FQ-005)</p>	<p><b>Anaemia Screening</b> Hospital Lab, THP (M-126 to M-150)</p> <p><b>ECG Examination</b> Lab1, Dept. of Physiology (M-001 to M-015)</p> <p><b>Variety Entertainment</b> Practice session (ELTU) (M-016 to M-125, M-151 to M-205 &amp; M/FQ -001 to M/FQ-005)</p>	<p><b>ECG Examination</b> Lab1, Dept. of Physiology (M-016 to M-030)</p> <p><b>Debating (ELTU)</b> (M-001 to M-015, M-031 to M-205 &amp; M/FQ -001 to M/FQ-005)</p> 

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**Week 5**

<b>Time</b>	<b>Monday 09<sup>th</sup> December 2019</b>	<b>Tuesday 10<sup>th</sup> December 2019</b>	<b>Wednesday 11<sup>th</sup> December 2019</b>	<b>Thursday 12<sup>th</sup> December 2019</b>	<b>Friday 13<sup>th</sup> December 2019</b>
8.30 – 9.30 am	English <b>ELTU</b>	English <b>ELTU</b>	<b>Public Holiday</b>	Tamil/Sinhala	Tamil/Sinhala
9.30 – 10.30 am	English <b>ELTU</b>	English <b>ELTU</b>		Tamil/Sinhala	Tamil/Sinhala
10.30 – 11.00 am	<b>TEA BREAK</b>				
11.00 am – 12.00 noon	English <b>ELTU</b>	English <b>ELTU</b>	<b>Public Holiday</b>	English <b>ELTU</b>	English <b>ELTU</b>
12.00 noon – 1.00 pm	English <b>ELTU</b>	English <b>ELTU</b>		English <b>ELTU</b>	English <b>ELTU</b>
1.00 – 2.00 pm	<b>LUNCH BREAK</b>				
2.00 – 3.00 pm	<b>Anaemia Screening</b> Hospital Lab, THP (M-151 to M-175)  <b>Magazine/ Book reading</b> (ELTU) (M-001 to M-150, M-176 to M-205 & M/FQ -001 to M/FQ-005)	<b>Medical Examination</b> Medical Clinic, THP (M- 106 to M-140)  <b>Orientation in the Medical Library</b> Medical Library (M-01 to M-50)  <b>Scrabble/ Movie screening</b> (ELTU) (M-051 to M-105, M-146 to M-200, M-201 to M-205 & M/FQ -001 to M/FQ-005)	<b>Public Holiday</b>	<b>Anaemia Screening</b> Hospital Lab, THP (M-176 to M-200)  <b>Variety Entertainment</b> Practice session (ELTU) (M-001 to M-175, M-201 to M-205 & M/FQ -001 to M/FQ-005)	<b>Debating</b> (ELTU)

  
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**Week 6**

Time	Monday 16 <sup>th</sup> December 2019	Tuesday 17 <sup>th</sup> December 2019	Wednesday 18 <sup>th</sup> December 2019	Thursday 19 <sup>th</sup> December 2019	Friday 20 <sup>th</sup> December 2019
8.30 – 9.30 am	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	Tamil/Sinhala	<b>Variety Entertainment Show</b> [Venue: Physiology LT]
9.30 – 10.30 am	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	Tamil/Sinhala	
10.30 – 11.00 am	<b>TEA BREAK</b>				
11.00 am – 12.00 noon	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	<b>Variety Entertainment Show</b> [Venue: Physiology LT]
12.00 noon – 1.00 pm	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	English <b>ELTU</b>	
1.00 – 2.00 pm	<b>LUNCH BREAK</b>				
2.00 – 3.00 pm	<b>ECG Examination</b> Lab1, Dept. of Physiology (M-061 to M-075)  <b>Debating</b> (ELTU) (M-001 to M-060, M-076 to M-200, M- 201 to M-205 & M/FQ -001 to M/FQ-005)	<b>Medical Examination</b> Medical Clinic, THP (M-141 to M-176)  <b>ECG Examination</b> Lab1, Dept. of Physiology (M-076 to M-090)  <b>Scrabble/ Movie screening</b> (ELTU) (M-001 to M-075, M-091 to M-140, M-177 to M-200, M- 201 to M-205 & M/FQ -001 to M/FQ-005)	<b>Anaemia Screening</b> Hospital Lab, THP (M-201 to M-205 & FQ/M/001 to FQ/M/005)  <b>ECG Examination</b> Lab1, Dept. of Physiology (M-091 to M-105)  <b>Variety Entertainment</b> Practice session (ELTU) (M-001 to M-090, M-106 to M-200)	<b>ECG Examination</b> Lab1, Dept. of Physiology (M-046 to M-060)  <b>Variety Entertainment</b> Practice session (ELTU) (M-001 to M-045, M-061 to M-200, M- 201 to M-205 & M/FQ -001 to M/FQ-005)	<b>Break</b>

**\*\*\* Christmas Vacation from 23<sup>rd</sup> December to 29<sup>th</sup> December 2019**